

Download Addiction Education Handouts

Substance Use Worksheets | Therapist Aid

Addiction is a disease involving continued substance use despite significant substance-related problems. Addiction involves loss of control over substance use, social and occupational problems, risky use, and physical problems.

Handouts | National Institute on Drug Abuse (NIDA)

Module 1: An Introduction to the Brain and Nervous System Module 1 Magazine (PDF, 10.4MB) Module 1 Handouts (PDF, 129KB) Module 1 Handouts (Spanish, PDF, 89KB) Handouts | National Institute on Drug Abuse (NIDA)

The Substance Abuse The & Recovery Workbook

- Educational Handouts — Handouts designed to enhance instruction can be used individually or in groups to enhance recovery from substance abuse and provide positive reinforcement for continued health and wellness. They can be distributed, converted into masters for overheads or transparencies, or written down on a board and discussed. The

addiction recovery worksheet, Understanding Cross Addiction ...

Understanding Cross Addiction To Prevent Relapse by Peggy L. Ferguson Ph.D., LADC, LMFT A simple guide for professional and the general information seeker alike. This relapse prevention guide specific to cross addiction issues covers description and explanation of the nature of addiction and cross addiction, examples of how cross addiction

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Substance Abuse Professionals. Center City, MN: Hazelden Foundation. ©2007 Inflexxion, Inc. Newton, MA
RP-1 PREVENTING RELAPSE QUIZ 1. Relapse begins when you use alcohol and or drugs. TRUE FALSE 2. People relapse because they fail to use willpower. TRUE FALSE 3. The primary causes of relapse are negative events in the person's life. TRUE FALSE 4.

Patient Education

Alcohol Patient Education. This double-sided handout can be given to and discussed with patients during the brief intervention. Side one contains information on drink sizes, low-risk drinking limits, risky and harmful drinking, and tips for cutting down on drinking. Side two describes the effects of harmful and risky drinking on the body.

What is Addiction? (Worksheet) | Therapist Aid

This handout covers signs and symptoms of addiction, available treatments, and other important facts. We

suggest sharing this resource in an introductory addiction therapy session or group. It can also serve as a great take-home reminder for basic addiction education.

Client's Handbook

People who drank alcohol in large amounts may have the most severe symptoms. The symptoms can include nausea, low energy, anxiety, shakiness, depression, intense emotions, insomnia, irritability, difficulty concentrating, and memory problems. These symptoms typically last 3 to 5 days but can last up to several weeks.

Brochures and Fact Sheets | National Institute on Alcohol ...

Brochures and Fact Sheets This section contains easy-to-read material for the public covering a wide range of alcohol-related topics. Publications listed below are online full text and free of charge unless otherwise noted.